



**HELPING HAND
FOUNDATION**

Empowering & Impacting Lives



9th

ANNUAL REPORT

2019-2020



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VISION & MISSION

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VISION

“Empowering & Impacting Lives for better future”

MISSION

We have a simple, but robust mission:

"To empower and create impact in the lives of marginalized communities"

“Where there are people in need, we'll be there lending a hand, a smile, and an encouraging word”

PRINCIPALS

Commitment



Dedication & Integrity

MESSAGE FROM THE CHIEF FUNCTIONARY

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Hi.

Warm Greetings from Helping Hand Foundation !



I take this opportunity to thank you very much for everything you have done for our unprivileged beneficiaries.

9 years ago, we formed HHF with an ambitious dream to positively empower and impact lives of the unprivileged and marginalized sections of society. Today I look back on our journey and feel overwhelmed with gratitude for the faith, that our donors and supporters have placed in us, for their empathy and generosity and for the encouragements we received at every step.

2019-2020 has been an incredible year for us, not only because we completed 9 years of our philanthropic interventions empowering the unprivileged communities but also for our continued association and engagements with most of you.

Thank you very much for standing by us every step of the way and I hope that we can count on your continued support in the years to come.

Sd/-

**Dr John Sircar
(Founder & Chief Functionary)**

P.S : Do connect with me at hhfngo2011@gmail.com / johnsircar@gmail.com with your thoughts or feedback.

ABOUT US

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Warm greetings!

We are a philanthropic foundation legally constituted in compliance to Indian law as a voluntarily, apolitical, secular, non-sectarian, non-discriminatory, non-proselytizing, non-for-profit & non-governmental multidisciplinary charitable social service organization directly benefitting marginalized and unprivileged sections of Indian society in the thematic verticals of education, public health and poverty alleviation through numerous projects in rural and semi-urban geographical locations of India that seeks to empower and impact the lives of the unprivileged irrespective of any caste, creed, religion, gender or affiliations.



THEMATIC VERTICALS

(Areas of our Interventions)

6

EDUCATION

“Ensuring children go to school at the right age and complete their basic academic education.”

Impact during the year

023 unprivileged children received free English Preschool education inclusive of all requisites.

002 unprivileged students received complete sponsorship of formal academic English Education.



Thematic Vertical : Education

(Free English Preschool Education)

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“SMILING STARS ENGLISH PRESCHOOL”

Preschool education is a non-formal education as per State Education Deptt, Maharashtra , it is universally a necessity for enrollments in formal education .

Smiling Stars English Preschool is a project of Helping Hand Foundation which enrolls unprivileged children at the age of 3 from the families of migrant “footloose” rural daily wagers who are unaffordable to provide any education to their children, this preschool delivers standard quality mainstream preschool education and holistic development of a child including provisions of books, stationary, bags, uniforms, nutritious products, celebration of all major events & festivals, Summative assessments, digital learning all free of any cost. This year we catered to 023 students who were shortlisted from a waiting list of 070 .



Thematic Vertical : Education

(Formal Education Sponsorship)

8

During the year 02 children received complete sponsorship of their formal academic education in English. These children are ex-students of Smiling Stars English Preschool, due to unaffordability of formal English Education, they are susceptible to drop off education, hence it is just and necessary to get them mainstreamed in formal schools through sponsorship of their academic education, the children are regular in their schools and happy to be at par with mainstream students of the locality.



Thematic Vertical : Education

(Remedial / Holistic)

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“SUMMER CAMP, 2k19”

Summer Camps offers holistic opportunities to children for their growth while socializing & learning new skills.

This year, the summer camp was organized from 22.04.2019 to 27.04.2019 for 50 unprivileged kids, which is new to them as they have never heard of it before, it was overwhelming to see them eager to learn new things, socialize, make friends, active participation in activities and games, team work developing habits of sharing and caring under limited resources. We Thank Dr Saumyaranjan and Dr Fatema for assisting us.



Thematic Vertical : Education

(SUCCESS STORY OF ALFIA)

10

FROM AN URCHIN TO A STUDENT OF A FORMAL ENGLISH SCHOOL

Urchin Hood : Age 3.0 Years

Life was not easy for Alfia and her migrant family of 13, her father worked as an irregular daily-wage laborer at the local village grocery store, having a meager income, it was toughest to feed 13 mouths, pay the slum rent, electricity bills and educate the siblings of Alfia, being the youngest Alfia moved around the slum area hungry and playing all day in dirty surroundings, among the garbage pile-ups and human /animal faeces.

Introducing Preschooling :

We introduced the importance of English education especially for a girl child to her family who at first were reluctant to enroll her in our preschool citing religious beliefs, unaffordability, “being a girl” stigma etc... but were overwhelmed to learn that Alfia would be a uniformed preschool student and receive the best English education along with nutritious products, celebration of major events, games, toys, sports etc...

True Potential:

Alfia studied in our preschool for 3 years (Nursery to SR.KG), following which she was enrolled in Formal English school and is currently studying in Class 3, at school she is a bright and sincere student, Yes! We continue to sponsor her complete education expenses at the formal school, thus ensuring she doesn't drop-out.

THEMATIC VERTICALS

(Areas of our Interventions)

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PUBLIC HEALTH

“Preventive Health Screenings, Nutrition & Awareness”

IMPACT DURING THE YEAR

Cumulatively **204 direct** beneficiaries received free assistances from Medical First aid Boxes, First aid Stations, Medical Screenings Camps and provision of medical aid.



Thematic Vertical : Public Health

(Preventive Medical Health Screening Camps)

12

Preventive Health Screenings matter because they allow you to be proactive with your health

The main objective of the camp was to medically screen the vital parameters of every beneficiary with appropriate consultations based on prognosis / diagnosis purely on humanitarian grounds. As the beneficiaries often lacked access to basic medical health screenings and are ignorant of the underlying health issues which might be damaging their physics, work performance and social outreach, thus identifying and highlighting the risk factors that can be managed in order to prevent further medical complications, these camps are free of cost and was organized on 26th Jan, 2019 at Uttan Coastal Police Station, Village Uttan.



Thematic Vertical : Public Health

(Medical First Aid Stations)

13

A temporary facility to provide medical first aid during major events

The main objective of the stations are to provide immediate medical first aid assistances to casualties participating in major events free of cost and was set up at Our Lady of Vailankanni Shrine, Bhatebunder, Uttan, Mira Bhayander on 22nd May, 2019 and from 29th August, to 9th September, 2019 which was operational from 4.45 Hrs to 11.00 Hrs and 16.30 Hrs to 22.00 Hrs during the said tenure and catered to casualties.



Thematic Vertical : Public Health

(Medical First Aid Boxes)

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Medical First aid boxes are placed at police check points on rural arterial roads, entry/exit points to rural areas and the fire department in rural areas, for emergency assistances in case of fatal road accidents, medical emergencies in absence of any medical facility in the vicinity, the said boxes are maintained by us and replenished with new stock of contents every quarter. This has helped many casualties reach hospitals in stable condition.



Thematic Vertical : Public Health

(Medical First Aid Sessions)

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These Sessions equips the learner with the knowledge, practical skills and understanding required to provide appropriate first aid treatment to casualties. This year we delivered a session to high school students of Amcha Ghar English School, Village Uttan, Bhayander free of cost.



Thematic Vertical : Public Health

(Provisions of Nutritious Food Product “ Postik Aahaar”)

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Malnutrition slows a child’s development making them vulnerable to a number of illnesses, most of our beneficiaries who are from the rural migrant “footloose” daily wager families do not have any breakfast, at times even lunch, due to unaffordability, hence we try to supplement their meals through provisions of nutritious food products & dates from time to time. The students of our preschool are provided good quality Iranian Dates regularly.



Thematic Vertical : Public Health

(Medical Aid to Elders)

17

A homeless and unemployed elder being an amputee (Right Leg) and suffering from Cardiac Anomalies, Epilepsy and Diabetes is accessed to his monthly medicines and hunger relief products through us.



THEMATIC VERTICALS

(Areas of our Interventions)

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POVERTY ALLEVIATION

“Poverty Alleviation is a set of humanitarian measures, that are intended to lift people out of poverty.”

IMPACT DURING THE YEAR

Cumulatively **350 direct** beneficiaries received free assistances from our various philanthropic interventions during the year.



Thematic Vertical : Poverty Alleviation

(Free Distribution of New Blankets)

19

The unprivileged members of rural migrant daily wage families live in rented tin shed slums rooms which get very cold during winter months, they were thrilled to have a new set of blankets to keep them warm which was gifted to them by our benefactor Mr Anthony Dias.



Thematic Vertical : Poverty Alleviation

(Free Distribution of Preowned Clothing)

20

The unprivileged members of rural migrant daily wage families do not afford good clothing often, they gladly receive preowned clothing donated by like-minded donors, some clothing also aids them in procuring most used house hold items, thus saving their hard earned money.



Thematic Vertical : Poverty Alleviation

(Free Distribution of Academic Education Requisites)

21

The unprivileged children of rural migrant daily wage families struggle to procure school books and stationery every year, they look forward to us every year and receive free set of good quality notebooks and stationery which helps them focus on education and drop off .



Celebrations of Events & Festivals

(Celebrating Birthday of Little Nishtha)

22

Nishtha from Mira Bhayander celebrated her birthday with our unprivileged children, by cutting cake and gifting goodies and socializing with them, it was a memorable event in the lives of these kids who witnessed mainstream birthday celebrations and participated in it. Thank you Nishtha !



Celebrations of Events & Festivals

(Celebrating Birthday of Dr Fatema)

23

Fatema Ma'am from Mumbai celebrated her birthday with our unprivileged children, by cutting cake and gifting goodies and spending her valuable time with them, it was a memorable event in the lives of these kids who witnessed mainstream birthday celebrations and participated in it. Thank you Ma'am!



Celebrations of Events & Festivals

(Participation in Shubmahotsav, 2K19)

24

This year, our marginalized beneficiaries were thrilled to attend the Shubmahotsav in Bhayander in which they displayed their best moves to the tunes of Bollywood songs, the famous “Garba” including getting introduced to mainstream festivals, diverse culture and tradition, while enjoying themselves to the fullest and good dinner.



Celebrations of Events & Festivals

(Celebrating Diwali, 2K19)

25

Festival of Lights truly brightened the lives of our marginalized children in rural slum locality this year by the presence of Mr Raghuwanshi and his family from Mira-Bhayander who not only spent their time with them but also gifted sufficient fire-crackers bring great joy, happiness and festive mood in the lives of these kids.



Celebrations of Events & Festivals

(Celebrating Pre-X'mas Party, 2K19)

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This year our unprivileged children had a memorable Pre-X'mas celebration with the presence of Santa Claus, Christmas Goodies, Christmas Crib and X'mas tree, they had a great time with Santa, played games, danced to songs, witnessed the crib and X'mas tree followed by X'mas sweets. Thank you Dr Pramod for donning the Santa Dress.



RESOLVING PUBLIC GRIEVANCES

(External NGO Member in “Bharosa Cell”, Thane Rural Police , Uttan Coastal Police Station, Uttan)

27

“Bharosa Cell” is a public grievances redressal cell particularly focused on the elders, women & children, these cells functions from the local police station and aims to instill faith in Justice system thereby bridging the communication gap between the cops and citizens.

We are glad to have the opportunity to get on board the “Bharosal Cell” of Uttan Coastal Police Station, on 8th March, 2020



WOMEN EMPOWERMENT

(External NGO Representative in Internal Complaints Committee)

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In compliance to “The Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013”, a mandate for all establishments employing more than 10 employees forming part of the labor law particularly in the corporate/commercial/education/healthcare and government sector. HHF is privileged to act as the External NGO Representative in the “Internal Complaints Committee” (ICC) formed in accordance with the provisions of the aforesaid act for the following corporate free of any remuneration wherein the said corporate benefits from free drafting of policies, training to staff and ICC members, hearing and disposal of cases in accordance with the provisions of the act therein. This year there were 4 quarterly meetings and zero cases registered.

- a. Mandhana Industries (Dyeing Unit II) : Textile Industry
- b. Mandhana Industries (Garment Unit) : Textile Industry
- c. Mandhana Industries (Shirting Unit) : Textile Industry
- d. Mandhana Industries (Dyeing Unit - I): Textile Industry



LEADERSHIP & GOVERNANCE

(Board of Trustees)

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SN	NAME	POSITION	COMPETENCY	HONORARIUM
01	Dr Pramod K. Pasi	Chairman	Pharmaceutical	No
02	Dr Sandhya Dalsingh	Vice Chairperson	Healthcare	No
03	Dr John A. Sircar	Secretary	Healthcare	No
04	Mr Tejas Wadekar	Jt Secretary	Commerce	No
05	Dr Sanjeevani Dabre	Treasurer	Healthcare	No
06	Dr Fatema Kapadia	Committee Member	Healthcare	No
07	Dr Imran Shaikh	Committee Member	Healthcare	No

AWARDS & RECOGNITIONS

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- NGO Transparency Award by Guide star India



- Gaurav Sanmaan Award



Resources & Fiscal management

Please note we are a grassroots level philanthropic organization with below 10 people, working across districts and domains in our thematic verticals. We try to, not very successfully, to keep a cushion for the running expenses of a year for our projects, We are now trying to build a corpus and will reach out to you soon! All of our monetary / Non- Monetary resources come from like-minded individual donors, we utilize the unused resources the next year as we take extreme precaution not to waste donor resources, hence you see the projects of our organization are more than the expenditures incurred.

This annual report reflects all our activities during the year except the audited statement of accounts, due to continuous lockdowns imposed by the government of India to mitigate Covid-19 pandemic, this year our accounts have not been audited till date, which shall be audited in due course of time as per notifications of the government or the extended due date or early next year, hence audited statement of accounts are not available as of now) Copy of the audited statement will be made available on request early 2021.

Resources & Fiscal management

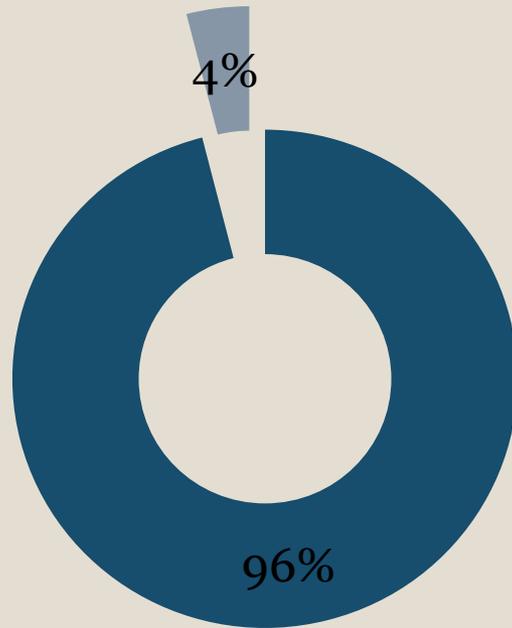
WE HEREBY CONFIRM THAT:

1. The Annual accounts, have been prepared on the basis of the accounting policies adopted by the organization in compliance to the existing accounting standards wherever necessary, the audit of the accounts are to be carried out by qualified Chartered Accountant in a rigid process.
2. Sufficient care has been taken for the maintenance of accounts as per the applicable legal statues of India.
3. During day to day operations of the organization, ethical accountability, value of money have been given highest priority. NO part of the income during the previous years have been applied and used directly or indirectly for the benefit of :
 - a. The founder or founders or trustees or their families/relatives.
 - b. Any person who has made a substantial contribution to the organization.
 - c. Any concerns in which the above mentioned category of persons have substantial interest (As required U/s 13 (3) of Income Tax Act, 1961)
4. None of the members/trustees/governing board has been given any honorarium and none of them occupies a place of profit in the organization.
5. All our initiatives, programs & events are currently funded by member contribution and seasonal domestic donors & well-wishers.
6. All accounts are audited annually and copies of the annual reports are available to general public & prospective donors on request.
7. **96% of all monetary donations are directly utilized in our initiatives benefiting marginalized communities.**
8. **04% of all monetary donations are utilized towards administrative expenditures.**
9. **100% of all in-kind (Non-monetary) donations benefit our beneficiaries from the marginalized communities**

Disbursement of Funds

2019 - 2020

■ Programme Expenses ■ Admin Expenses



Gratitude to our benefactors / stakeholders

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Every year as we grow and spread our work; We are overwhelmed by the love and support of people from all walks of life. We take this opportunity to thank all our donors, volunteers, benefactors, well-wishers, institutions, and agencies who have stood by us over the years irrespective of its value or status each and every contribution is important for us.

We are very thankful to the below mentioned donors without whom this annual report would not exist, it is only because of your contributions that we were able to fulfill our objects which are reflected in this annual report.

SN	Rs: 5000/- and above	Rs: 100/- to Rs: 5000/-	Non-Pecuniary Donations	Non-Pecuniary Donations
01	Mr Bipin Patel	Ms Gauravi Jadhav	Mr Abishek Panchal & Team	Mahavir Infosys
02	Mr Darshit Parkhija	Mr Haresh Jadhav	Amcha Ghar Trust	Mr Anil Shukla
03	Dr Fatema Kapadia	Mr Bharat Ghodke	Dr Amol Shah	Mr Anthony Dias
04	Mr Hitendra Shah	Mr Manoj Jadhav	Dr Fatema Kapadia	Mr Naresh Pulipati
05	Mr Narendra Mohite	M/s Metro Medical	Dr Om Kamma	Mr Ronald Monterio
06	Dr John Sircar	Mr Nagesh Pandey	Dr Pankaj Shah	Mrs Babita Chheda
07	Ms Lalita Sircar	Mr Pankaj Dole	Dr Pramod Pasi	Mrs Priyanka Kadam
		M/s Winner Electronics	Dr Sandhya Dalsingh	Mrs Savita Naik
			Mrs Shweta Kothakar	Mrs Sonali Dalvi
			Mrs Soniya More	Mrs Roma Fernandes

JOIN & SUPPORT US

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PECUNIARY DONATIONS:

- **Online** : The simplest way is to GPAY at 9987923843 or NEFT to our bank account
- **Cheque**: You can send them directly or contact us for a pick-up from your place.

NON-PECUNIARY DONATIONS:

Connect with us through WhatsApp at 9987923843

Other ways to Help:

Raise funds for HHF by crowd funding online, encouraging your family and friends to donate as a gift on your or their birthdays, events, festivals.

Help us with CSR Partnerships with local brands and business

Build awareness about us on social media by following our pages and sharing our posts with your networks / contacts.