



HELPING HAND FOUNDATION

Empowering & Impacting Lives

ANNUAL REPORT 2014-2015

(For Private Circulation among Members Only)

ABOUT THIS REPORT

Our Annual report provides an overview of the work of Helping Hand Foundation along with financial facts & figures for the financial year, 1st April, 2014 – 31st March, 2015.

ABOUT US

We are an Indian registered voluntary, multidisciplinary, secular, non-sectarian, non-political & non-for-profit social service organization established on 06th April, 2011 in Mumbai, India and is engaged in addressing the challenges faced by marginalized and vulnerable communities across the nation.

VISION & MISSION

“Empowering & Impacting Lives for better future”

LOGO



The Old Logo has been replaced with this new professional logo.

Letter “H”	: Signifies the appellate alphabet of the name of organization
Dark Blue Color	: Signifies globally accepted color for education.
Hands in white	: Signifies the urge of helping the marginalized towards empowering their lives

MESSAGE FROM THE TRUSTEES

Dear Reader,

Helping Hand Foundation (HHF) is registered as a public charitable trust and society under relevant sections and provisions of the Indian Law on 6th April, 2011 at Thane, Mumbai, India and works towards empowerment of individuals and communities through projects based on education, public health and other community development initiatives thereby creating sustainable impact.

It is our privilege and pleasure to reach you through our 4th annual report comprising of financial data and activity records for the FY, 2014-2015 highlighting key events and milestones of our nonprofit organization.

This year, we have completed 3rd year of selfless social work among the poor and marginalized communities in the districts of Thane and Palghar along with parts of Rural Mumbai and within the jurisdictions of Vasai-Virar, Mira Bhayander and Mumbai Municipal corporations. It has been an exciting time when, motivated by the love, support and dedication of our members and volunteers, Helping Hand Foundation has had the opportunity to see many lives of the poor changed. Those impacted, have been set free from their previous circumstances, are able to make good decisions and have moved on with their lives.

As I believe, poverty and ignorance are a very dangerous combination. It can trap people in inescapable circles and could lead to frustration and despair. It not only makes one vulnerable to disease and suffering but to all kinds of exploitations. We need to overcome such challenges prevalent in the lives of the marginalized communities and impact their lives by providing them with possibilities for a better future.

In a short span of three years, we have emerged as an upcoming social service organization contributing in the areas of education, public healthcare and poverty reduction through community service.

Our organization enjoys the support of valuable members, volunteers and sponsors from within India as well as overseas patrons who believes us and our work for a noble cause while they contribute towards the growth and mission of our organization.

Our humble endeavor is to seek your persistent encouragement and support for many more years to come.

My sincere appreciation and thanks to all our committed members, volunteers, well-wishers and benefactors for their continuous support, dedication and hard work, all for a good cause.

I, invite every one of you to come forward and join us in our journey to achieving success by impacting lives of the marginalized communities for their better future.

On Behalf of the Managing Board of Trustees



Dr John Sircar
(Founding Managing Trustee & Chief Functionary)

V-TEAM

TRUSTEES & ADVISORS

Sr No	Name	Position	Occupation	Competency
01	Dr Pramod K. Pasi	Founding Chairman	Physician	Medicine
02	Dr Sarita P.Pasi	Founding Vice-Chairperson	Lecturer	Medicine
03	Dr John Sircar	Founding Secretary	Researcher	Alt Medicine
04	Mr Jalandar S. Redkar	Founding Jt. Secretary	Service	Social Work
05	Ms Lalita J. Sircar	Founding Treasurer	Auditor	Accounts
06	Dr Sanjeevani Kawale	Founding Committee Member	Physician	Medicine
07	Mr Tejas J. Wadekar	Founding Committee Member	Service	Clerical

MEMBERS

Sr No	Name	Status
01	Dr Pramod K. Pasi	Active
02	Dr Sarita P.Pasi	Active
03	Dr John Sircar	Active
04	Mr Jalandar S. Redkar	Non-Active
05	Ms Lalita J. Sircar	Active
06	Dr Sanjeevani Kawale	Active
07	Mr Tejas J. Wadekar	Active
08	Mr Vithal S Kadam	Non-Active
09	Dr Badal Pasi	Active
10	Mr Shrikant Jadhav	Active
11	Dr Tabasum A.Kazi	Non-Active
12	Dr Deedar Singh Nagi	Non-Active
13	Mr Vilas B. Keni	Non-Active
14	Mr Manoj G. Jadhav	Active
15	Dr Nikita S. Sawant	Active
16	Dr Sandhya N. Dalsingh	Active
17	Dr Saumyaranjan Pandey	Active
18	Dr Fatema Z. Kapadia	Active
19	Dr Imran Israil Shaikh	Active

MAJOR DONORS

Sr No	Name	Donation particulars
01	Mrs Aruna Patel / Mr Shrikant Jadhav	Monetary Donation
02	Founding Trustees	Monetary Donation

GOALS & OBJECTIVES

EDUCATION

1. To give, assist and sponsor all educational help to children attending any medium of schooling from economically backward class and children of low income group or below Poverty Line families.
2. To run free or with (nominal fees) coaching classes and tailoring classes for economically weaker sections as well as open, run and manage computer classes for street children and children of below poverty line families.
3. To established, erect, equip and maintain or contribute towards the same (libraries, free reading rooms, Hospitals, dispensaries, medical clinics, Paramedical centers, nursing homes, orphanages, Junior and Senior Colleges of all the faculties), establish and run pharmacy college, B.Ed., D.Ed. Colleges, Bio-technology college, Bioinformatics Colleges, IT institutes and courses, establish electronic waste material management setup, Charitable institutions, for the relief of poor, education, medical relief and advancement of other objects of General public utility not involving the carrying on of any activity of profit.
4. To construct Social Welfare Center and also establish and run English, Marathi, Hindi medium educational Schools, primary schools, pre-primary schools, balwadis, classes, colleges including Junior and Senior Colleges, Technical College, Barefoot Colleges, Medical colleges, Para-medical colleges, hospitals, etc..
5. To provide assistance to the poor and needy students of all the communities and encourage the values of Education through free school book distribution, school stationary, bags, sponsoring a child's education or a child from another ngo quarterly or annually.



PUBLIC HEALTHCARE

1. To give medical, food and educational help to all disable persons, orphans, semi-orphans as well as provide relief to all affected people by natural, man-made calamities.
2. To run and manage R & D activities of various technologies as well as run and manage Herbal development research center, alternative medicine institutes, undertake clinical research and development programs for others.
3. To undertake the activities or any program or to work on any project to evict the AIDS, HIV or other diseases in the field of healthcare.
4. To organize medical camp such as Blood donation camp, Free Medical check-up Camps, as well as multidisciplinary medical and health camp.
5. To distribute free medicines and healthcare products in camps along with diagnosis, screening of patients and consultations.

POVERTY REDUCTION

1. To organize and undertake various social, educational, cultural and religious programs and activities for the welfare of the society as well as towards fund raising programs along with free distribution of food (cooked/uncooked) I
2. To implement government, semi -government and municipal schemes wherever applicable subject to their terms and conditions.
3. To establish, maintain and support homes for poor or needy women, divorcee, widow, destitute, Orphans or old or aged persons or otherwise to support them and to do all acts, deeds and things for their relief and uplift.
4. To arrange various Sports Competitions, Cultural Programs, Street Plays, Picnic, Amusement Games, Awareness program.
5. To form SHGs (Self-Help-Groups) at rural and slum levels, also run and manage Barefoot colleges.



ACHIEVEMENTS 2014-2015

EDUCATION

a. Free Seminar On Adult Health Literacy:

Free seminar in Hindi were conducted by us in association with local churches as heads of dalit communities for their beneficiaries wherein topics including sex education, abortion, basic law, female diseases, health and hygiene were discussed using power point presentations.

Sr No	Date	Particulars	Location	Beneficiaries
01	30.11.14	Free Seminar - Health & First Aid	Culvem Village, Gorai	Dalit Community
02	28.01.15	Free Seminar on Purview of Adulthood & health issues	Manori Village, Malad	Koli Community



(More pictures on our facebook page)

TOTAL NUMBER OF BENEFICIARIES BENEFITTED: 106

PUBLIC HEALTHCARE

a. Free Medical Health Screening Camps:

During the financial year 2014-2015, we had organized the following free medical health screening camps in which the beneficiaries benefitted by accessing all the free services the camp offered including screenings for Blood pressure, Blood sugar, height/weight, eye testing, blood grouping along with free consultations and examinations by expert and qualified medical team, the beneficiaries also obtained free medicines and blood group cards. All the records of the camps were maintained and post camp analysis were done with suitable remedial advices by the camp team were recorded.

We thank all members of our team and volunteers for your valuable support.

Sr No	Type of Health Camp	Location	Camp Date	No of Beneficiaries benefitted
01	Health Screening Camp	Uttan Police Stn	28.06.2014	082
02	Health Screening Camp	Vasai East	31.08.2014	084
03	Health Screening Camp	Bhayander East	23.11.2014	046
04	Health Screening Camp	Culvem, Gorai	30.11.2014	024
05	Health Screening Camp	Uttan	15.03.2015	089
Total				325



(More pictures on our facebook page)

TOTAL NUMBER OF BENEFICIARIES BENEFITTED: 325

b Free First Aid Assistance Center:

A 13-day free first aid assistance center was setup in the premises of Our Lady of Vailankanni Shrine, Bhatebunder, Uttan, Bhayander west, Tal-Dist, Thane to medically assist the large number of pilgrims from all walks of life who visit the shrine in the month of September every year.

The center was functional from 5.30 AM to 9.30 PM and catered to **204** patients including **16** critical patients who were stabilized and referred to nearest PHC and private hospitals. The staff from Uttan PHC also assisted us. Free medicines were distributed to needy patients.



TOTAL NUMBER OF BENEFICIARIES BENEFITTED: 156

c Free First Aid Boxes:

Free First aid boxes are placed at vantage points by us which are regularly maintained, replenished and updated by us.

Sr No	Location of First Aid Boxes
01	Dongri Khadi Police Check-post, Dongri, Uttan
02	Sagari Police Stn, Uttan
03	Bhootbungalow Police Chec-post, Uttan
04	Chowk Police Check-post, Chowk Uttan
05	Ferry Ticket Counter, Gorai Jetty, Gorai, Mumbai



POVERTY REDUCTION

a Free Distribution Of Pre-Owned Clothing:

Several bags of pre-owned clothing donated by Skiusa Inc (India), Goregaon and other individual donors were distributed among the Adivasi communities in Uttan.

Sr No	Date	Particulars	Location	Beneficiaries
01	30.11.2014	Preowned clothes Distribution	Culvem Village, Gorai	Dalit Community



(More pictures on our facebook page)

TRANSPARENCY & ACCOUNTABILITY

STATUTORY REGISTRATIONS

Sr No	Statutes	Registration number
01	U/s 20 of the Societies Registration Act XXI, 1860	MAHA/1027/11/Thane
02	U/s 18 of the Bombay Public Trust Act, 1950	F/23280/Thane

REGISTRATIONS UNDER INCOME TAX ACT

Sr No	Statutes	Registration number
01	U/s 139(a) Income Tax Act, 1961	AAATH9962J
02	U/s 12A A Income Tax Act, 1961	THN/CIT-1/Tech1/12A/49/2013/14/280

BANKERS

State Bank of India (Bhayander West Branch)

A/c No: 31879021395

C.A & AUDITORS

Mr Ramesh Patil (CA & Auditor), Bhy (W)

ONLINE LISTINGS

Sr No	Name	Type	URL
01	Karmayog.org	NGO Directory	www.karmayog.org
02	GuideStar India	NGO Directory	www.guidestarindia.org
03	NGO Partnership System	Planning Commission of India	http://ngo.india.gov.in
04	Facebook.com	Social networking service	www.facebook.com
05	Propoor.org	S. Asian humanitarian NGOs	www.propoor.org
06	NgoPortal	NGO Directory	www.NGOportal.org
07	HelpYourNgo	NGO Directory	www.helpyourngo.com
08	KindHeartz	NGO Directory	http://kindheartz.com
09	Yellowpages	Local Business Directory	www.yellowpages.com

FINANCIAL INFORMATION

RECEIPTS (INR)	2013-2014	2014-2015
Self generated (Contribution from Founding Trustees)	134,518.00	192794.00
Donation from Indian individuals	7000.00	3000.00
Other donations from Indian individuals	0.00	0.00
Donations from foreign individuals	0.00	0.00
Other donations from foreign individuals	0.00	0.00
Grants from Indian sources (trusts/ govt/ companies/ foundations)	0.00	0.00
Grants from International sources (under FCRA)	0.00	0.00
Sale of assets	0.00	0.00
Miscellaneous (Int from Bank)	299.00	832.00
Total Receipts	141,817.00	196626.00
PAYMENTS (INR)	2013-2014	2014-2015
PAYMENTS (Capital)		
Capital items purchased for the organization, excluding investment (Fixed Deposits etc.)	0.00	0.00
Capital items purchased for beneficiaries	0.00	0.00
PAYMENTS (Revenue) Programme related		
Salaries and benefits	5600.00	12000.00
Staff /Member training	1797.00	0.00
Staff / Member travel	1489.00	7849.00
Consultant's fees	0.00	0.00
Office support expenses (rent/ telephone/ electricity etc.)	0.00	0.00
Materials procured (Medical Camp items, Education, Seminars.)	123736.00	145366.00
Grants/ donations given to other organizations as part of programme	0.00	0.00
Depreciation (to be taken from Income and Expenditure account)	574.00	4877.00
Others (Bank charges) (Donor cheque bounce case)	102.00	0.00
Non-programme related		
Salaries and benefits	0.00	0.00
Staff training	0.00	0.00
Staff travel	0.00	0.00
Office support expenses (rent/ repairs/ telephone/ electricity etc.)	0.00	0.00
Communication (correspondence/ Annual Reports/ brochures/ appeals/ website etc.)	4945.00	6150.00
Consultants' fees (audit/ legal/ programme) (Formation of Trust)	3000.00	3000.00
Depreciation (to be taken from Income and Expenditure account)	574.00	0.00
Other non-programme expenses	0.00	0.00
Surplus carried over next FY	0.00	17384.00
Total Payments	141817.00	196626.00

NOTE: The audited statements of accounts are available on request

INCOME & EXPENDITURE AS ON 31ST MARCH,

SCHEDULE- VIII
(Vide Rule 17(1))
Name of the public Trust : **HELPING HAND FOUNDATION**
Income & Expenditure Account For the Year Ended 31st March, 2015 Regn. No. F-23280

Expenditure	Amount	Income	Amount
To Expenditure on Properties		By Rent	
Rates, Taxes & Cess	-	Accrued	-
Repairs & Maintenance	-	Realised (Annual subscription)	-
Salaries	12,000.00	By Interest	
Misc. expenses	-	Accrued	-
Bank Charges	-	Realised, Bank	832.00
Registration/Filing fees	-	By Dividends	-
Electricity charges	-	By donation In cash or Kind	1,95,794.00
Advertisement Expenses	-	By Grants	-
Rent	-	By Income From other Sources	-
Telephone charges	-	By Transfer From Reserve	-
To Remuneration to Trustees	-		
To Remuneration (in case of math to) to head of math, including household expenditure if any	-		
To Legal Fees (Accounts Writing Ch..)	-		
To Audit Fees	3,000.00		
To Contribution & Fees	-		
To Miscellaneous Expenses			
a) Printing & Stationery	6,150.00		
b) Conveyance	7,849.00		
c) Postage & Telegram	-		
To Depreciation	4,877.00		
To Amount Transferred to Reserve or Specific Fund	-		
To Expenditure On Object of Trust			
a) Religious	-		
b) Education & Literacy	32,481.00		
c) Medical Healthcare	86,400.00		
d) Relief Of Poverty	26,485.00		
e) Other charitable objects	-		
To Surplus carried over to Balance sheet	17,384.00		
	1,96,626.00		1,96,626.00

DATED: 4/6/15 AS PER MY REPORT OF EVEN DATE

PLACE:

AUDITORS
R. M. PATIL
CHARTERED ACCOUNTANTS
M. NO. 106437



FOR HELPING HAND FOUNDATION
For Helping Hand Foundation
Chairperson / Secretary / Treasurer



APPEAL TO SUPPORT

YOU CAN MAKE A HUGE DIFFERENCE IN SOMEONE'S LIFE

Helping Hand Foundation is always ready to welcome like-minded individuals, students, corporate houses, and well-wishers to be our members, donors, partners & volunteers who wish to help us in our mission by donating their time, energy, skills & resources.

There are numerous ways in which you can help us impacting lives and building better communities. If you like to be a part of this effort, you can render your support in the following ways:

Our Organization is looking for generous donors like you

1. DIRECT DONATIONS: Through D.D or Cheque sent to “HELPING HAND FOUNDATION”
302, Ganesh Society No: 02 CHSL, Off Uttan Navghar Church Road,
Uttan, Bhayander West, Tal-Dist, Thane – 401106, Mumbai, Maharashtra, India.

2. CORPORATE: If you or your company is interested in making a difference as part of its CSR activity, please get in touch with us, we'd love to hear from you and try to align our project with your dreams of working for marginalized communities, alternatively you can also choose any of the following to support us.

- a. Payroll giving Programme
- b. Employee Engagement

3. ORGANIZATION PARTNERSHIPS: National and international organizations (educational institutions, donor organizations, Nonprofit organizations, etc can partner with Helping Hand Foundation under Alliances to further the development initiatives at grassroots level.

4. INDIVIDUAL PARTNERSHIPS: Be the change you wish to see. Because all change begins with an individual. Too often in life, we wait around for someone else to instigate the changes we want to see.

We doubt our own ability and become paralyzed to action, thinking either we are not solely capable of bringing the changes about, or that someone else will get around to it. But this inability to act alone is all in our head. Because history bears witness that the most extraordinary things were done by the most ordinary people.

And this individual action is certainly the need of the hour for India – the land of great contrasts! While the country has 53 billionaires, it also has 17 million child laborers. While it has a galloping GDP growth, it also has 2 million children dying before their first birthday due to the lack of immunizations and medical facilities!

So if you've ever wished to be able to do something for the greater good, the time could not be more right. Remember! You don't have to make radical changes for your efforts to count, because the small changes make a big difference! You can choose to sponsor any of the projects from the annexed budget FY – 2015-2016.

CONNECT WITH US

We love to hear from new friends and supporters, whether you 'r looking to volunteer, join us as a member, make a donation, fund a program/project or would just like to learn more about our work, there are many ways in which you can get in touch:

Email : hfnngo2011@gmail.com

Call us on : 9987923843, 9821485939

Send us a message on facebook : www.facebook.com/hfnngo2011

Visit our website: www.hfnngo.org

OR

Snail mail us at **HELPING HAND FOUNDATION**

302, Ganesh Society No: 02 CHSL, Off Uttan Navghar Church Road, Uttan,
Bhayander West, Tal-Dist, Thane – 401106, Mumbai, Maharashtra, India.

