



HELPING HAND FOUNDATION

Impacting Lives for better future

ANNUAL REPORT

2011-2012

ORGANIZATION PROFILE



1. Name of NGO (Acronym) :

HELPING HAND FOUNDATION (HHF)

2. Address of the NGO :

Primary address (Registered Office)

B/103, Sai Sargam Co-op Hsg. Soc Ltd.,
Highness park, Mira Road (East).
Tal-Dist-Thane – 401107

Tel: (+91) 9821485939

Secondary address (Administrative Office)

302, Ganesh Society No: 02 Co-op Hsg. Soc Ltd.,
Uttan Navghar Church Road, Uttan.
Bhayander West, Tal-Dist, Thane – 401106.

Tel : 022- 28451365.

Cell: (+91) 9987923843

Email : hhfngo2011@gmail.com

3. Legal Status :

U/s 20 of the Societies Registration Act XXI of 1860

U/s 18 of The Bombay Public Trust Act – 1950

U/s 139(a) Income Tax Act – 1961

U/s 12A Income Tax Act -1961

Regn No: MAHA/1027/11/Thane.

Regn No: Expected Soon

PAN No: AAATH9962J

Applied

4. Bankers :

State Bank of India (Bhayander West Branch)

A/c No: 31879021395

5. Date of Establishment :

06th April, 2011

A MESSAGE FROM THE FOUNDER



Warm welcome to Helping Hand Foundation.

It is my privilege and pleasure to reach you through our 1st annual progress report for the financial year 2011-2012 highlighting key events and milestones of Helping Hand Foundation.

In a short span of one year, we have emerged as an upcoming service organization contributing in the areas of education, healthcare and community service.

Our organization enjoys the support of valuable members, volunteers and sponsors from within India as well as overseas patrons who believes us and our work for a noble cause while they contribute towards the growth and mission of our organization.

We welcome valid suggestions from all members of the foundation to contribute to the performance of our new born baby -“Helping Hand Foundation” Our humble endeavor is to seek for your persistent encouragement and support for many more years to come.

My sincere appreciation and thanks to all our committed members, volunteers, well-wishers and benefactors for their continued support, dedication and hard work, all for a good cause.

Best wishes

Yours Sincerely

Dr John Sircar
(Founder Trustee & Executive Secretary)

FOREWARD

It was the twilight of 30th January, 2011, the 63rd death anniversary of Mohandas Karamchand Gandhi i.e Mahatma Gandhi, when seven like-minded professional team forming the first board of founding executive committee members came together over a coffee table at a theme park in Mira Road, Mumbai with an idea, purpose and commitment to serve the underprivileged Indian communities and lend a helping hand to all deserving beneficiaries and discussed the formation of a non-governmental organization (NGO) that would address many pressing issues related to healthcare, literacy through education and social welfare under the leadership of the founders i.e Dr John Sircar and Dr Pramod Pasi who conceptualized the formation of the organization and christened it as “Helping Hand Foundation” (HHF) with a vision and mission to impact lives of under privileged beneficiaries, especially orphaned children, youths, broken families etc enabling them to maximize their potential and change their lives irrespective of caste, creed, religion or gender.

We have successfully completed one year of existence having organized several free medical health check-up camps for the beneficiaries of rural sectors off Mumbai city limits, distributed free pre-owned clothes.

We obtained registrations under the Societies Registration Act, 1860 and PAN Card under the Income Tax Act, we have applied for 12A certification which is a stepping stone to obtain 80G certification after completion of three years.

Our temporary website, (www.hhfngo2011.weebly.com) located on a free website builder site was redesigned and updated, we are waiting for the new domain (.ngo) to be launched for the ngo sector in 2014 by the Indian government, till then the current website on www.weebly.com shall be functional and regularly updated.

Our engagement with friends and benefactors all over the world has taken off via our social networking sites i.e Facebook, Twitter, Linkedin and our supporters are kept updated with our regular online updates.

We are also listed on various online ngo databases i.e www.karmayog.org, www.propoor.org, www.askme.org, www.guidestarindia.org, NGO Partnership System (www.ngo.india.gov.in)

Donations from friends and well-wishers helped us fund and organize several free medical health check-up camps in rural areas off Mumbai.

We, at HHF look forward to the challenges of 2012-2013 and hope that you enjoy reading our developments and successes of the past year in this, our 1st Annual Report.


Dr John Sircar (Founder)
Mumbai, 2012

ABOUT HELPING HAND FOUNDATION

VISION & MISSION

Impacting lives for a better future

HELPING HAND FOUNDATION (HHF) is a Mumbai based Indian registered multidisciplinary, secular, non-for-profit, non-sectarian and non-political service organization engaged in addressing the challenges of marginalized communities across India. HHF is established under the Societies Registration Act, 1860 and The Bombay Public Trust Act, 1950. It currently organizes free medical health check-up camps, distributes free pre-owned clothing's and sponsors education expenses of orphans in semi-rural areas off Mumbai city and North East India at regular intervals. It aims to make it big in coming future and establish education and medical facilities.

OUR LOGO



- Shape of Logo** : Oval: Signifying the shape of the universe
Outstretched Hand : Signifies lending a helping hand to everyone who deserve.
Food Grains: Rice plant : Signifies our organization to work in providing free food & nutrition to our beneficiaries
Stethoscope : Signifies to work in the healthcare sector impacting lives of the underprivileged.
Book : Signifies to work in the education sector impacting lives of the underprivileged.

OUR AIMS & OBJECTIVES



EDUCATION & LITERACY

1. To give, assist and sponsor all educational help to children attending any medium of schooling from economically backward class and children of low income group or below Poverty Line families.
2. To run free or with (nominal fees) coaching classes and tailoring classes for economically weaker sections as well as open, run and manage computer classes for street children and children of below poverty line families.
3. To established, erect, equip and maintain or contribute towards the same (libraries, free reading rooms, hospitals, dispensaries, medical clinics, Paramedical centers, nursing homes, orphanages, Junior and Senior Colleges of all the faculties), establish and run pharmacy college, B.Ed., D.Ed. Colleges, Bio-technology college, Bioinformatics Colleges, IT institutes and courses, establish electronic waste material management setup, charitable institutions, for the relief of poor, education, medical relief and advancement of other objects of general public utility not involving the carrying on of any activity of profit.
4. To construct Social Welfare Center and also establish and run English, Marathi, Hindi medium educational schools, primary schools, pre-primary schools, balwadis, classes, colleges including Junior and Senior Colleges, Technical College, Barefoot Colleges, Medical colleges, Para-medical colleges, hospitals, etc..
5. To provide assistance to the poor and needy students of all the communities and encourage the values of education through free school book distribution, school stationary, bags, sponsoring a child's education or a child from another ngo quarterly or annually.



HEALTHCARE

1. To give medical, food and educational help to all disable persons, orphans, semi-orphans as well as provide relief to all affected people by natural, man-made calamities.
2. To run and manage R & D activities of various technologies as well as run and manage Herbal development research center, alternative medicine institutes, undertake clinical research and development programs for others.
3. To undertake the activities or any program or to work on any project to evict the AIDS, HIV or other diseases in the field of healthcare.
4. To organize medical camp such as Blood donation camp, Free Medical check-up Camps, as well as multidisciplinary medical and health camp.
5. To distribute free medicines and healthcare products in camps along with diagnosis, screening of patients and consultations.



COMMUNITY SERVICE

1. To organize and undertake various social, educational, cultural and religions programs and activities for the welfare of the society as well as towards fund raising programs along with free distribution of food (cooked/uncooked) I
2. To implement government, semi -government and municipal schemes wherever applicable subject to their terms and conditions.
3. To establish, maintain and support homes for poor or needy women, divorcee, widow, destitute, orphans or old or aged persons or otherwise to support them and to do all acts, deeds and things for their relief and uplift.
4. To arrange various Sports Competitions, Cultural Programs, Street Plays, Picnic, Amusement Games, awareness program.
5. To form SHGs (Self-Help-Groups) at rural and slum levels, also run and manage Barefoot colleges.



FIRST EXECUTIVE COMMITTEE MEMBERS (FOUNDING COMMITTEE)

The following members who are also the “life-members” of our organization are constituted as the first founding executive committee board members.

Sr No	Name	Position	Occupation	Competency
01	Dr Pramod K. Pasi	Chairman	Physician	Medicine
02	Dr Sarita P.Pasi	Vice-Chairperson	Lecturer	Medicine
03	Dr John Sircar	Secretary	Researcher	Medicine
04	Mr Jalandar S. Redkar	Jt. Secretary	Service	Social Work
05	Ms Lalita J. Sircar	Treasurer	Auditor	Accounts
06	Dr Sanjeevani Kawale	Committee Member	Physician	Medicine
07	Mr Tejas J. Wadekar	Committee Member	Service	Clerical

OUR SPONSORS FOR THE YEAR ENDED 2011-2012

We are extremely thankful to our first overseas donor.

Sr No	Name	Particulars	Occupation	Location
01	Ms Engeliën Boven	Education Sponsorships	Self Employed	Netherlands

LIST OF KEY VOLUNTEERS FOR THE YEAR ENDED 2011-2012

We are extremely thankful to our volunteers who participated in our programs and helped us extensively by their expertise.

Sr No	Name of Volunteer	Occupation	Programs
01	Ms Sandya Dalsingh	Student	Free Medical Health Check-up camp
02	Mr Rahul Shanbaug	Student	Free Medical Health Check-up camp
03	Ms Nirmala Fernandes	Homemaker	Free Medical Health Check-up camp
04	Ms Archana Mishra	Student	Free Medical Health Check-up camp
05	Ms Manju Yadav	Student	Free Medical Health Check-up camp
06	Mr Imran Shaikh	Student	Free Medical Health Check-up camp
07	Mr Vithal Kadam	Student	Free Medical Health Check-up camp
08	Ms Suyoung Kim	Student	Free Medical Health Check-up camp
09	Mr Hitesh Naik	Student	Free Medical Health Check-up camp
10	Dr Badal Pasi	Physician	Free Medical Health Check-up camp

THE YEAR (2011-2012)

PROJECTS AND PROGRAMS

EDUCATION SPONSORSHIPS:

CASE HISTORY:

In 2010, while touring East Khasi Hills located in the State of Meghalaya in North East India, the founder met the beneficiary who lost his mother to a medical negligence case years back, thereafter his father left him along with his blind and sick grandfather and he remarry only to never visit the boy again, The beneficiary and his blind grandfather lived in a ramshackle, rusted tinned house with thatched roof with no water, electricity or basic amenities. The beneficiary is a bright student at the local village English school and was on the verge of discontinuing his education due to lack of funds whereby the founder decided to sponsor the complete education expenses including books, fees, stationeries, uniforms, etc... of the beneficiary through HHF and he emailed the above said story to one of his family friend in Netherlands who readily agreed to sponsor the said beneficiary.

Hence during the financial year 2011-2012, we were able to help and sponsor the education expenses of an orphaned boy student studying in an English Medium Village school located in East Khasi Hills – State of Meghalaya, North East India for the academic year 2011-2012. The said sponsorship amount was donated to our organization by one of the founder's family friend i.e Ms Engelien Boven from Netherlands; the said sponsorship included his annual academic fees, tuition fees, school uniforms, books and school stationeries.



The Beneficiary

HEALTHCARE: Free Medical Health Check-Up Camps

Sr No	Type of Health Camp	Camp Location	No of Beneficiaries benefitted
01	Free BP/DM Screening Camp	Pali Village, Uttan	52
02	Free Health check-up camp	Kaman Village, Vasai	63
03	Free Health check-up camp	Kalyan	62
		Total	177



(More pictures on our facebook page and website www.hhfngo2011.weebly.com)

During the financial year 2011-2012, we had organized three free medical health check-up camps in which the beneficiaries from the rural areas of Mumbai benefitted through accessing all the free services the camps offered which included free screening of Blood pressure, Blood sugar, height/weight, eye screening, blood grouping along with free consultations and examinations by medical expert team, distribution of free medicines and blood group cards. All the records of the camps were maintained and post camp analysis were done with suitable remedial advices by the camp team were recorded.

All the beneficiaries were examined by the team of qualified general physicians:

The volunteers and team members who assisted us in our above said camps were awarded “Certificate of Recognition & Appreciation” by Helping Hand Foundation.

HIGHLIGHTS & SUCCESSES

COMMUNITY SERVICE: Distribution of pre-owned clothing

Several bags of donated pre-owned clothing were distributed among unorganized pavement dwellers in Mira Road.



(More pictures on our facebook page and website www.hhfngo2011.weebly.com)

FINANCES & LEGAL FRONT:

- Obtained certificate U/s 20 of the Societies Registration Act XXI of 1860.
- Obtained PAN card U/s 139(a) Income Tax Act – 1961
- Assessed services of Mr Ramesh Patil, Chartered Accountant, Member of ICAI
- Audited Statement of accounts with balance sheets submitted to concerned offices
- Activity Reports submitted to office of Charity commissioner and Income Tax, Thane.

VOLUNTEERISM :

The first year of our organization witnessed some inspiring contributions from our volunteers including international volunteers which includes



K. Young, Korea

She participated in the free medical health check-up camp held at Kaman and volunteered by photography the entire event and also uploading the same on the internet cloud based storage platform

FINANCIAL INFORMATION 2011-2012

RECEIPTS (INR)	2011-2012
Self generated (Contribution from Founding Members)	29852.00
Donation from Indian individuals	00.00
Other donations from Indian individuals	
Donations from foreign individuals	9633.00
Other donations from foreign individuals	00.00
Grants from Indian sources (trusts/ govt/ companies/ foundations)	00.00
Grants from International sources (under FCRA)	00.00
Sale of assets	00.00
Miscellaneous	00.00
Total Receipts	39,485.00

Please note that the audited account details are available on request.

PAYMENTS (INR)	2011-2012
PAYMENTS (Capital)	
Capital items purchased for the organization, excluding investment (Fixed Deposits etc.)	00.00
Capital items purchased for beneficiaries	00.00
PAYMENTS (Revenue) Programme related	
Salaries and benefits	00.00
Staff /Member training	00.00
Staff / Member travel	00.00
Consultant's fees	00.00
Office support expenses (rent/ telephone/ electricity etc.)	00.00
Materials procured (Medical Camp items, Education Sponsorships.)	17923.00
Grants/ donations given to other organizations as part of programme	00.00
Depreciation (to be taken from Income and Expenditure account)	00.00
Others	
Non-programme related	
Salaries and benefits	00.00
Staff training	00.00
Staff travel	00.00
Office support expenses (rent/ repairs/ telephone/ electricity etc.)	00.00
Communication (correspondence/ Annual Reports/ brochures/ appeals/ website etc.)	00.00
Consultants' fees (audit/ legal/ programme) (Formation of Trust)	20,500.00
Depreciation (to be taken from Income and Expenditure account)	00.00
Other non-programme expenses	00.00
Total Payments	38,423.00

HOW YOU CAN HELP

Your support can make the difference

Here's how you can donate

1. A/c Payee Cheques payable to "HELPING HAND FOUNDATION" and send to 302, Ganesh Society No: 02 CHSL, Off Uttan Navghar Church Road, Uttan, Bhayander West, Tal-Dist, Thane – 401106, Mumbai, Maharashtra, India.

Donations to our organization are currently not exempted

CONTACT US

We love to hear from new friends and supporters, whether you 'r looking to volunteer, join us as a member, make a donation, fund a program/project or would just like to learn more about our work, there are many ways in which you can get in touch:

Email : hfhngo2011@gmail.com

Call us on : 9987923843, 9821485939

Send us a message on facebook : www.facebook.com/hfhngo2011

Visit our website: www.hfhngo2011.weebly.com

Or

Snail mail us at HELPING HAND FOUNDATION

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